



**TOWN OF RIDGWAY, COLORADO
OFFICIAL PROCLAMATION**

**A Proclamation Declaring May 2022 as
Mental Health Awareness Month**

WHEREAS, mental health is essential to everyone’s overall health and well-being; and

WHEREAS, all Americans experience times of difficulty and stress in their lives; and

WHEREAS, prevention is an effective way to reduce the burden of mental health conditions; and

WHEREAS, there are practical tools that all people can use to improve their mental health and increase resiliency; and

WHEREAS, mental health conditions are real and prevalent in our nation; and

WHEREAS, with effective treatment, those individuals with mental health and other chronic health conditions can recover and lead full, productive lives; and

WHEREAS, each business, school, government agency, healthcare provider, organization and citizen share the burden of mental health problems and have a responsibility to promote mental wellness and support prevention efforts; and

WHEREAS, organizations like Tri-County Health Network fight all year, not just in May, to bring mental health awareness to the forefront and offer programs and services to the community to address mental health needs.

NOW THEREFORE, we, the Ridgway Town Council, do hereby proclaim May 2022 as Mental Health Awareness Month in the Town of Ridgway, Colorado, and we call upon the citizens, government agencies, public and private institutions, businesses and schools in the Town of Ridgway to recommit our community to increasing awareness and understanding of mental health, the steps our citizens can take to protect their mental health, and the need for appropriate and accessible services for all people with mental health conditions.

PROCLAIMED THIS 11th day of May 2022

TOWN OF RIDGWAY

BY:

ATTEST:

John Clark, Mayor

Pam Kraft, Town Clerk