

# COVID-19 (novel coronavirus) Update

Ouray County Public Health Agency (OCPHA) is coordinating with the Regional Epidemiology & Emergency Preparedness and Response Team at Mesa County Public Health (MCPH) in Grand Junction to provide updated information to the public regarding COVID-19. Visit <https://health.mesacounty.us/covid19/> as a source of current, reliable information.

## Public Health Recommendations:

- Clean hands frequently with soap and water or alcohol-based hand rub.
- Cover your nose and mouth when coughing and sneezing.
- Avoid close contact with anyone with cold or flu-like symptoms.
- Stay home if you are sick.
- Get an annual flu vaccine if you have not had one.

## What OCPHA is doing:

As the local public health authority, OCPHA is working to keep local residents informed and updated on COVID-19.

- We are providing messaging around ways to stay healthy and prevent the spread of illness.
- OCPHA is monitoring the situation and receives regular updates from the Colorado Department of Public Health & Environment (CDPHE), the Centers for Disease Control and Prevention (CDC) and the World Health Organization (WHO).
- We are in communication with our healthcare partners and regional partners to provide updates on changes to testing or isolation guidelines, and other information or resources requested.
- We will investigate and test people that we suspect could have novel coronavirus alongside CDPHE and the CDC and will provide updates as necessary.
- MCPH is monitoring Personal Protective Equipment (PPE) supplies at the local and regional level.
- Our routine disease surveillance continues which includes data collection and analysis on causes of illness, injury, and death affecting Ouray County residents.

Please call Ouray County Public Health Agency at 970-325-4670 with any questions.